

May 2024

LSS Meals | K-12 |

Lunch Menu



**Lutheran
Social Service
of Minnesota**

	Wednesday, May 1	Thursday, May 2	Friday, May 3
	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk
	Sweet and Sour Chicken	Diced Turkey and Gravy	WG Pasta and Meat Sauce
	WG Rice	Mashed Potatoes	Romaine Salad
	Fresh Broccoli	WG Bread Slice	Ranch Dressing
	Ranch Dressing	Butter	Diced Peaches
	Pineapple Tidbits	Fresh Banana	WG Garlic Breadstick
Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9
1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk
WG Bosco Sticks	Chicken Ala King	Beef Taco on WG Tortilla	Ranch Diced Turkey
Marinara Sauce	WG Biscuit	Shredded Cheese/Taco Sauce	Mashed Potatoes
Steamed Green Beans	Fresh Baby Carrots	Romaine Salad/Ranch	Diced Peaches
Applesauce	Mixed Fruit	Refried Beans	WG Bread Slice
		Mandarin Oranges	Butter
Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16
1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk
WG Cheese Calzone	BBQ Chicken Patty	Creamy Diced Turkey	WG Beef Mac and Cheese
Marinara Sauce	WG Bun	Mashed Potatoes	Romaine Salad
Steamed Peas and Carrots	Fresh Baby Carrots	WG Biscuit	Ranch Dressing
Applesauce	Pineapple Tidbits	Diced Peas	Fresh Banana
	Vegetarian Baked Beans		
Monday, May 20	Tuesday, May 21	Wednesday, May 22	Thursday, May 23
1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk
Meatballs in Marinara Sauce	Chicken & Bean Burrito Bowl	Meatloaf in Gravy	Sloppy Joe
Shredded Mozzarella Cheese	WG Brown Rice	Mashed Potatoes	on WG Bun
WG Garlic Breadstick	Shredded Cheese/Taco Sauce	WG Bread Slice	Steamed Peas and Carrots
Steamed Diced Carrots	Romaine Salad/Ranch	Vegetarian Baked Beans	Fresh Banana
Applesauce	Diced Peas	Mandarin Oranges	
Monday, May 27	Tuesday, May 28	Wednesday, May 29	Thursday, May 30
1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk
Sliced Turkey and Cheese	Diced Teriyaki Chicken	Cheesy Italian Beef and Rice	Chicken Taco on WG Tortilla
WG Bun	WG Brown Rice	Fresh Broccoli	Shredded Cheese/Taco Sauce
Fresh Vegetable	Fresh Baby Carrots	Ranch Dressing	Romaine Salad/Ranch
Applesauce	Pineapple Tidbits	WG Garlic Breadstick	Refried Beans
		Canned Apple Slices	Fresh Banana

This menu meets CACFP and NSLP guidelines for nutrition and meal pattern. All grains are at least 51% whole grain, milk is provided with breakfast meals. Unflavored whole milk is provided for children age 12 months to 2 years of age and low fat or fat free milk is provided for children above 2 years of age. This institution is an equal opportunity provider.

Menu is subject to change.

Approved by: Taylor Galbrecht, RD